



# LA SOTTO VOCE

The Official Newsletter of the *Columbia Association*

Fire Department, City of New York

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## A Letter From the President

I hope everyone enjoyed the summer. The weather cooperated for a change (at least at the time that I wrote this), warm weather and sunny skies, so far so good. Let me get started with our 76th Annual Dinner Dance. What a great time we had and I'm not just saying that because it was our party. If you didn't have a good time while you were there, it was your own fault. At one point of the night it seemed like everyone was dancing, the dance floor was packed! What can I say about Russo's on the Bay, the food was excellent as usual and the service was impeccable. The Chris Matthews Band provided the entertainment and they really put on some show. I would also like to congratulate the students who won scholarships; you've made your families proud. Good luck to you in your future endeavors. I would also like to congratulate our honorees; they truly deserved to be nominated. Our Presidential Award went to Buddy Santangelo who served on the Executive Board for 20 years. Our next award was for our Humanitarian of the Year, Annette Crisitello from D'Anico's Restaurant. Annette has been an outstanding figure on Mulberry St. for along time now and she hasn't forgotten the firefighters who serve her community. After 9/11, she started sending meals to the local firehouses to help the guys out after those disastrous days. Our Man of the Year was John Sollazzo, President of the Staten Island Retirees, among other things. John retired over 20 years ago and hasn't stopped doing for the job he loves so much. John took control of the crowd of over 650 and gave a great speech in return.

We had a few trips over the summer. The first was to Hershey Park in July. With over 40 families and extending families attending, everyone enjoyed the many rides at the park. Our next trip was to Villa Roma at the end of August. Again over 25 families attending and enjoyed a relaxing time by the pools and bocce courts. Look for these trips again next year. Almost all of our trips are family oriented and we try to get the most reasonable prices.

Vist Our Online Store & Shop For Official FDNY Columbia Association Merchandise.  
All Proceeds Benefit The Columbia Association Scholarship Fund.  
[www.fdnycolumbia.com](http://www.fdnycolumbia.com)



# 2010 Columbus Day Parade

Monday, October 11<sup>th</sup>

As the summer is slowly coming to a close, we are once again coming into the beautiful and colorful season of fall. This is the time where we are approaching and preparing for our annual Columbus Day Parade. This year the date is Monday, October 11th. We will meet and form up at the corner of West 44th Street and 5th Avenue by 11:30 am. The annual mass will again be in St Patrick's Cathedral, starting at 9:15 am. There will be a breakfast that morning from 8:30 to 11:30 am at the Au Bon Pain Restaurant (16 East 44th Street, between 5th and 6th Avenues). We will also have a coalition to follow the parade. Full details will be posted on our web site [www.fdnycolumbia.com](http://www.fdnycolumbia.com) or contact parade chairman Joe Triolo at 718-751-6731. The wreath laying ceremony will be on Sunday, October 10th, at 8:00 am (location is the Columbus Monument at 8th Avenue and 59th Streets).



## FLAG RAISING CEREMONY FOR MICHAEL CAMMARATTA

On July 12th, we attended a flag raising ceremony at the Hugenot Public Library on Staten Island. Several months ago I was contacted by Joseph Gaugliardo from the National Council of Columbia Associations in Civil Service, he informed me about the memorial for Michael. The memorial is a stone monument in the front garden of the library. One night, Joseph was on his cell phone in front of the library, upon looking down he saw the stone. He thought it was for someone who passed away long ago. On further inspection, he noticed that it was for an Italian firefighter who had passed away on 9/11/01. The area was a mess; leaves and wrappers covered the area where the stone was. He thought it would be fitting that a flagpole should be erected to mark the spot near the memorial. With some hard work and cutting through some red tape, we finally had the flagpole inserted at the library. With the help from Bruce DelGiorno, who did the concrete work, the pole went up. After construction was complete, Joe wanted to have a flag raising ceremony. So, on July 12th, we had the ceremony. Along with Michaels Company, E-28/ L-11, Ted Forlenza and myself represented the Columbia Association board. E-164/ L-84, BC Gregorio from B-23 and our Man of the Year, John Sollazzo also accompanied us. A brief ceremony was held; lunch and refreshments were served in the library basement. I would like to thank Joseph and Bruce for their hard work on this project. I would also like to thank all that turned out for the ceremony.

## 6<sup>th</sup> ANNUAL CIGAR NIGHT CLUB MACANUDO

26 E. 63 Street  
JUST EAST OF MADISON AVENUE  
**October 22<sup>th</sup> 2010**

\$100 per person

Limited space. First 100 PAID - Do not get locked out!  
Contact Keith Tanico ASAP at 917-337-7413

Please make checks payable to  
Columbia Association Scholarship Fund  
c/o Keith Tanico  
14 Ivanhoe Drive  
Merrick, NY 11566

## Columbia Association Fire Department Cit of New York 5th ANNUAL SCHOLARSHIP GOLF OUTING

DATE: SEPT. 27-28

# 2 Rounds of Golf \$175

Do not have to be a member to attend

WHERE: Hudson Valley Resort and Spa (formerly The Granit)

CHECK IN: Check in AFTER GOLF on Monday

TIME: MONDAY Sept. 27 tee off in order of arrival

TUESDAY Sept 28 9:00 am Shotgun Start

PRICE: \$175 PER PERSON

INCLUDES: GOLF, CART, ROOM, COCKTAIL HR., DINNER and BREAKFAST. Any extra golf you will have to pay for cart only, Monday you can play extra for price of cart

**\*\*PLEASE HAVE CHECKS IN ASAP\*\*** Foursomes going fast

MAKE CHECKS PAYABLE TO COLUMBIA ASSOCIATION

MAIL:

JOSEPH SMITHWICK  
20 PIPER LANE  
LEVITTOWN, NY. 11756  
(516) 796-0975

PLEASE SEND MEMBERS IN FOURSOME AND ROOMING  
ASSIGNMENTS WITH PAYMENT\*\*\*



# DON'T GET FIRED FOR FACEBOOK: 10 Ways to Use Social Media Safely

*How to make sure your online activities do not interfere with your job as a firefighter or EMS provider.*

We've seen several cases in recent months where firefighters and EMS providers have gotten in hot water and even lost their jobs for posting what their employer believed were inappropriate images, videos, or comments. For instance, take a look at SC firefighter-medic fired over Facebook video post or FDNY medic likely to lose job for joking about patient.

Internet access to global electronic information resources and to social networking media has revolutionized information sharing. These networking capabilities are changing the way we work and communicate with each other.

But with this new societal free flow of "information sharing" comes legitimate patient privacy and business concerns for the public safety employer. Departments and agencies - both public and private alike - have a legitimate business interest to ensure that social networking is used in a way that does not violate patient confidentiality, harm the organization's reputation and business interests, or interfere with the work of others.

How can you make sure that your online activities do not interfere with your job or work activities at your department or agency? The main thing is to always think about how others in your agency or the public would perceive your comment before you post it.

In other words, think before you hit the "enter" key. One of the problems with "reacting" to an event or someone else's post is that your own reaction will likely reflect your emotions at the time. Ideally, you should craft a thoughtful response after some reflection. "Reacting" rather than "responding" may cause you to post something you may regret later.

Here are 10 helpful principles that can help you avoid any issues with your department or agency about what you post on Facebook or other social networking media. If followed, these principles can help keep your face on the company roster:

**1. Don't post inappropriate pictures or images**

It may go without saying, but your employer, patients or public officials do not want to see pictures of you in an intoxicated state or doing really stupid things. Beyond the pictures you would not want your parents or family members to see, seemingly innocent pictures of your personal life may not help to support the image you want to present in your professional life as a firefighter or EMS provider.

Certainly you should not post pictures of patients or post comments about them. Nor should you post images of accident scenes or company equipment, documents, or personnel without the permission of the company. This includes images taken around the station of equipment and other staff members during downtime while on duty. (Would you like a Facebook "friend" posting a picture of

you at work sleeping on the couch with your mouth wide open without your permission?)

**2. Don't complain about your job, supervisors, or co-workers in a public forum**

Any negative comments about your EMS agency or co-workers (even if not specifically named) should generally not be posted. These comments reflect poorly on you, the organization, and the persons that you criticize. Examples of inappropriate postings may range from a comment about the competency of your supervisor, to a comment about how your coworker always shows up late and you were stuck staying over.

We may complain about work and co-workers to a friend or family member now and then, but doing so in a public forum where it can be easily read by others who may not be so close to you is not a wise move. Negative and derogatory comments can also lead to claims of defamation and slander.

**3. Don't post inappropriate "statuses"**

Avoid any status updates that discuss patient care situations, your department, or other staff members, or that may implicate unprofessional conduct. You should avoid statuses like "I plan to call in sick tomorrow so I can go to the beach," or "I'm tired of transporting annoying old people from nursing homes," or "Sarah is watching the championship soccer game online at her desk". Statuses that imply you or others are unreliable, dishonest, deceitful, or unprofessional may jeopardize your employment status.

**4. Be particular about your "friends" and associations**

You can't control what your friends post to your profile (although you can remove it once you see it), nor what they post to their own profiles or to those of mutual friends. But you can control if they are your friend in the first place, or delete their postings from your page. For example, pictures your friend has tagged you in where he is falling down drunk, and you look intoxicated as well reflect poorly on you, even if you are not the direct focus of the image. You are who your friends are! Take a look at everything connected to your profile - including your friends list - and keep an eye out for anything you wouldn't want to show your parents or others. If a "friend" uses profanity or posts improper images, you might want to think about removing that person from your "friends" list.

**5. Check your privacy and security settings and know their rules**  
Privacy and security settings on social networking sites can be confusing and hard to deal with. It is now possible to customize lists of friends and decide what each list can and cannot see. But many people do not fully understand these settings, or don't bother to check access levels. If you are going to use Facebook professionally, and even if you aren't, make sure you take the time to go through your privacy options.

At the very least, your profile should be set so that people who are not your friend cannot see any of your pictures or profile information. You should also become familiar with all privacy settings as well as the "terms and use" and "privacy policies" of the social networking application that you are using.

**6. Consider establishing a "professional" profile page**

The best advice is to lock down your personal profile so that only friends you approve can see anything on that profile. Another practical suggestion is to consider creating a second, public profile purely for professional use. This profile functions like an online resume, and should only contain information you'd be comfortable telling your employer face to face.

Having a social networking profile is a good thing - it presents you as technologically and professionally savvy. Just make sure your profile is helping to present your best side - not the side that got drunk at your friend's party last week.

**7. Don't use social networking while engaged in patient care or work activities**

Access to social networking sites on your personal device should only occur in absolute down time as you would use a personal cell phone when on duty (if this is permitted by your agency). It is inappropriate to post statuses or to view social networking profiles while with a patient or engaged in company work activity.

An improper activity would be a status posting made from the back of an ambulance with a patient onboard such as: "Bored, Transporting another GOMER from the Nursing Home to ABC Hospital." This would be unacceptable both because of the context (where and when it was made) and the content of the message (disrespectful comment about a patient).

**8. Don't misrepresent yourself or others**

You should be careful that what you post about your training and education is accurate and consistent with information you have given to your employer. Your department or agency has the right to check out statements you may make from a variety of sources, including your social networking profile.

For example, if you call in sick and later that day you post a status that says "Off to the beach for the day to go surfing" and the department is made aware of it, you can expect them to investigate this further and initiate corrective action where appropriate.

Or if you claim on your job application that you have a college degree but your online profile states that you did not yet obtain a degree and are still going to school, your employer may question the accuracy of the information you supplied them.

**9. Be who you are**

Some posters and bloggers work anonymously, using false screen names. That is usually not a good idea. Transparency and honesty are the best policies to follow. Hiding behind a "handle" name may embolden you to post things you would not ordinarily post (and against your better judgment!).

Nothing gains you more notice in the online social media environment than honesty - or dishonesty. What you post may be forwarded and viewed by many, so consider the content carefully. If you blog, consider using a "disclaimer" that states your postings are your own personal opinions and do not represent the opinion or position of your employer(s) or EMS agencies you work with.

**10. Respect copyright and fair use laws**

For your employer's protection as well as your own, it is critical that you respect laws governing copyright and fair use of copyrighted material owned by others, including your department or agency's copyrights, logos or images.

You should never quote more than short excerpts of someone else's work. And it is a good general practice to provide a "link" to the original source of your posting.

*Sieve Wirth and Doug Wolfberg are founding partners of Page, Wolfberg & Wirth, LLC, The National EMS Industry Law Firm<sup>SM</sup>. PWW represents ambulance services and fire departments in a wide range of issues, including labor and employment law. Doug and Sieve have years of experience as EMS field providers and system managers. They can be reached at [www.pwwemslaw.com](http://www.pwwemslaw.com) or at 717-691-0100. © Copyright 2010 - FireRescue1.com. All Rights Reserved.*

**SAVE THE DATE!**


JOIN

The

# Columbia Association

IN

# Las Vegas



4 nights at the

## HARD ROCK

## HOTEL & CASINO

# "REHAB SUNDAY"

Check in: Thursday September 23, 2010  
Check out: Monday September 27, 2010

STBD per person based on double occupancy and **includes** R/T Airfare and Hotel

**Important:** Hotel charges a \$7 per room per day Resort Fee that is **not included** and will be collected upon check - in

PRICE IS CHANGING EVERYDAY, CALL JOE FOR A CURRENT PRICE  
**Don't Wait!! Reserve Now!!**

Not responsible for changes in pricing or any errors or omissions in the content of this flyer.

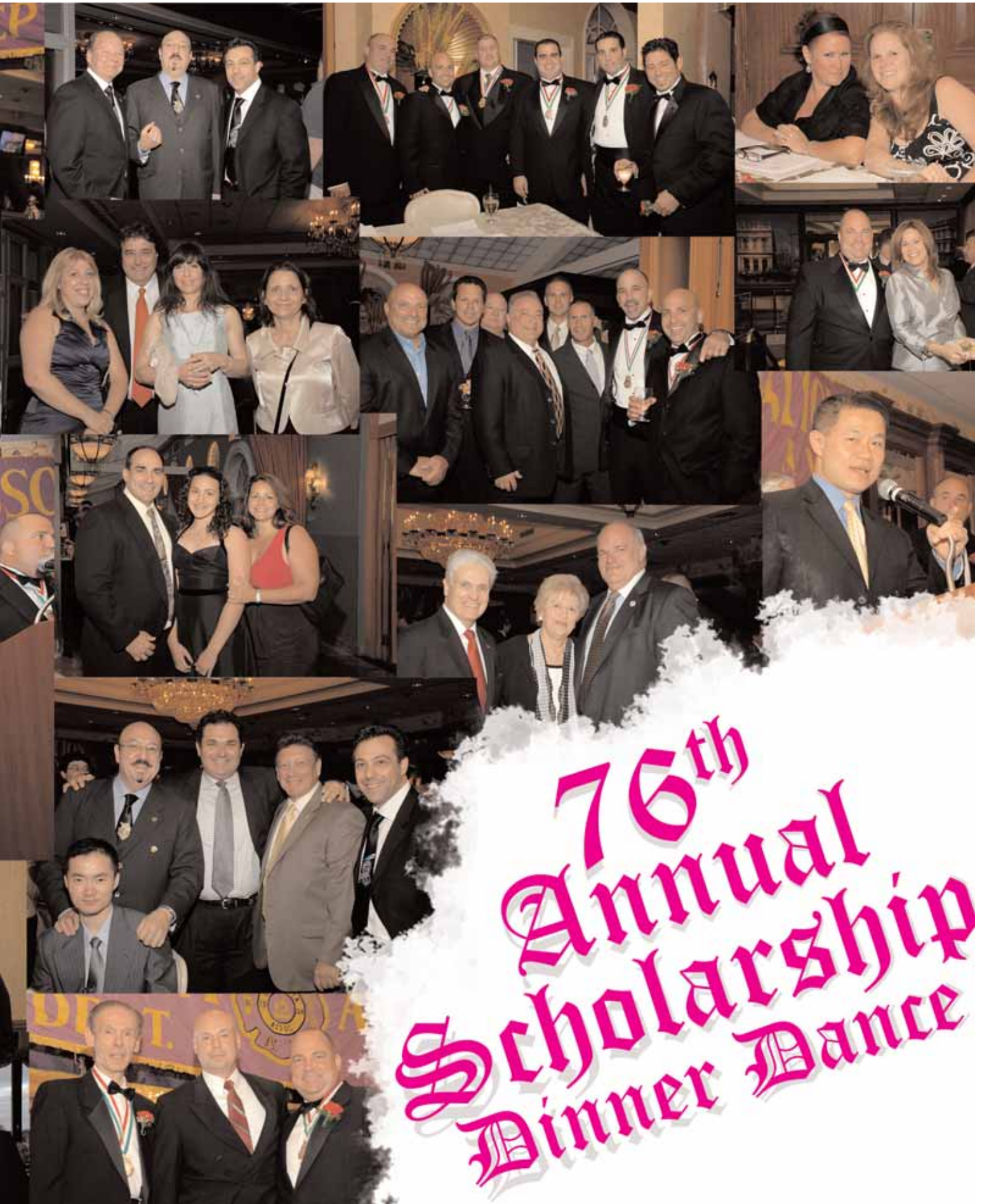
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FOR RESERVATIONS OR INFORMATION, PLEASE CALL:  
Bronx Trustee JOE DEPAOLA - LADDER 27 1-845-558-4410

DON'T MISS SUNDAY AT THE POOL FOR  
"REHAB" AS SEEN ON "tru TV"







# THE M E D I C A L C O R N E R

Hello and welcome to this featured column of "La Sotto Voce" designed to share information regarding your health for you and your families.

Many members of the FDNY are in the fitness category of an athlete. There is a possibility that an **Athletic Heart Syndrome** is present. Also known as an "enlarged heart". To determine if it is normal for your body and also have a baseline study to refer back to as we age, an Echocardiogram will give the answers. A Cardiac Stress Test will give answers to an athlete's low heart-rate and if it is tied directly to endurance. A Body Weight Composition also fills in your questions about your true fitness.

## ECHOCARDIOGRAM

An echocardiogram is a test that uses ultrasound to evaluate your heart muscle, heart valves, and risk for heart disease.

Vascular Diagnostic uses a Transthoracic Echocardiogram: This is the standard echocardiogram. It is a painless test similar to X-ray, but without the radiation. The procedure uses the same technology used to evaluate a baby's health before birth. A hand-held device called a transducer is placed on the chest and transmits high frequency sound waves (ultrasound). These sound waves bounce off the heart structures, producing images and sounds that can be used by the doctor to detect heart damage and disease.

## CARDIAC STRESS TEST

**Heart Rate During Exercise:** The heart is a muscle, and, like all muscles, it grows stronger with exercise. The stronger it is, the more efficient it is, taking fewer beats to pump blood throughout the body. So a heart with a resting heart rate under 60 (a condition known as bradycardia) is likely to be especially strong and healthy. That's why highly conditioned athletes often have resting heart rates of 40 to 60 beats per minute. Famously fit bicycle racer Lance Armstrong, for example, reportedly has a resting heart rate of 32.

**Blood Pressure Response During Exercise:** There's no simple relationship between heart rate (which is measured in beats per minute) and blood pressure (measured in millimeters of mercury, or mmHg).

A person can have a normal resting heart rate and still have high blood pressure. And someone whose heart rate is abnormal can have normal blood pressure. Strenuous exertion sharply raises heart rate, but it may only modestly increase blood pressure. The bottom line? Heart rate and blood pressure are not the same. The only way to know your blood

pressure is to measure it with a blood pressure cuff.

**Arrhythmia:** Irregular heart rhythms can be normal, however, life-threatening arrhythmias should be determined with the use of continuous ECG (EKG) during exercise. In some cases, a Holter Monitor may be recommended that will document heart rhythm for a 24-hour period of time.

The use of an exercise stress test to determine electrical problems, irregular rhythm (arrhythmia), blood pressure responses to high heart rates, fitness levels or endurance capacity, is done at Vascular Diagnostic for FDNY members.

## BODY WEIGHT COMPOSITION

A Body Weight Composition is also of great interest to athletes. Our Bio-Impedance equipment separates weight into % of fat, lean, water, along with a meal plan, exercise program; personalized "calories burned" chart for 33 different exercises and heart rate recommendations for monitoring.

When you make an appointment, identify yourself as a member of the FDNY Columbia Association. You will only be responsible for one \$15.00 co-pay. (You will also get ultrasound of your **carotid arteries, abdominal aorta, and leg blood circulation, and a cardiovascular blood profile** during your visit.

Heart attack, stroke and poor blood circulatory problems are still the number one cause of death and disability in the U. S. With this concern in mind, we believe in the use of Early Detection & Prevention as a tool to combat this major health concern. We encourage a healthier lifestyle which can avoid or halt this major problem. First thing you'll need is information about your body. Let Vascular Diagnostic give you answers. Take Control With Information - call the experts 718 886-0600 or log on to [www.vascularidiagnostic.com](http://www.vascularidiagnostic.com) and watch a 6 minute video that can save your life.

## TIP FOR THE SEASON

Going on vacation? Bring all your medical information with you, such as medications, conditions, and test results. It should be part of your routine packing. Time differences or a remote area can be a problem when trying to get that type of information from your doctor's office in an emergency situation.

The Medical Corner provided by:  
Vascular Diagnostic Assoc., P.C., Flushing, Queens  
(718) 886-0600 [vascularidiagnostic.com](http://vascularidiagnostic.com)  
Cardiovascular Imaging for FDNY members since 1981

## Columbia Association Fire Department City of New York UPCOMING EVENTS

**LAS VEGAS TRIP**  
Hard Rock Hotel  
September 16-20  
Joe Depalo 845-558-4410

**GOLF OUTING**  
Hudson Valley Resort  
Sept 27-28  
Joe Smithwick 516-796-0975

**CIGAR NIGHT**  
Club Macanudo  
October 22  
Keith Tanico 917-337-7413

**COLUMBUS DAY PARADE**  
October 11  
Joe Triolo

**FRENCH RIVIERA VACATION**  
November 3-10  
Joe Smithwick 516-796-0975

More information see our webpage [WWW.FDNYCOLUMBIA.COM](http://WWW.FDNYCOLUMBIA.COM)  
Please continue to support the Columbia Association

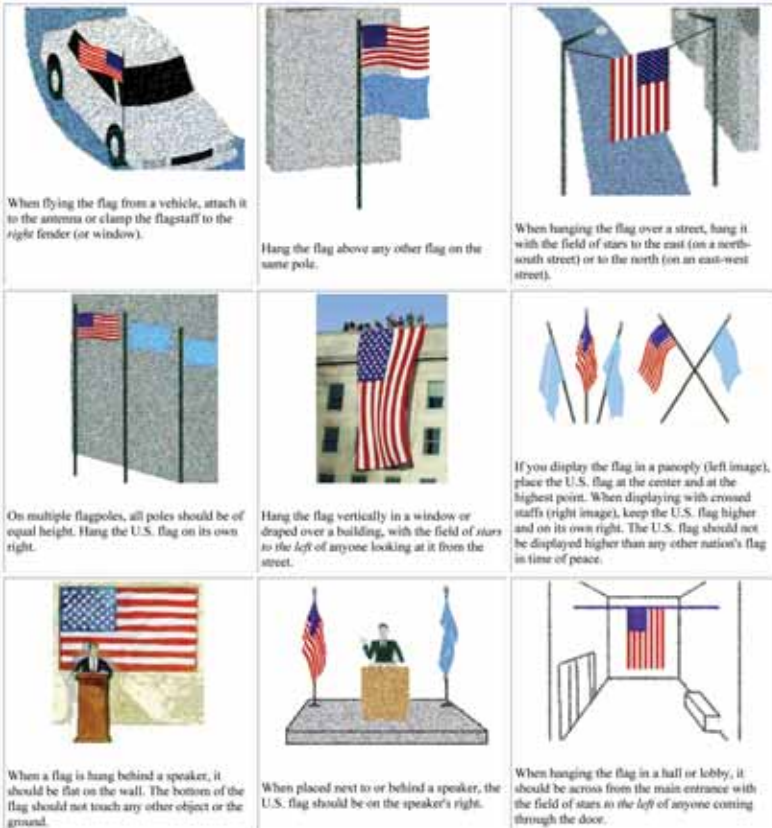
## 4<sup>th</sup> Annual Memorial Scholarship

This year the Scholarship was named after past president Jake Schaivone.

Congratulations to Michael Gala, Son of Michael Gala, Chief of Personnel winner of the Fourth annual Memorial Scholarship. Michael was awarded a \$1,000 Scholarship in memory of our members who past in the year 2010, FF James Luongo, FF Nicholas Moccia and Lieutenant Sal Lomonaco.



## When and How to Display the U.S. Flag



The United States Flag Code stipulates that as the symbol of a living country, the flag is considered in itself a living thing and should be properly displayed and cared for. The code outlines the proper ways to display the American flag.

- Raise the flag briskly. Lower it ceremoniously.
- Never allow the flag to touch the ground or floor.
- Do not fly the flag in bad weather, unless it is an all-weather flag.
- The flag can only be flown at night if properly illuminated. Otherwise, it should only be flown from sunrise to sunset.
- The flag should always be allowed to fall free.
- The flag should never be used to carry, store, or deliver anything.
- Never fly the flag upside down except to signal an emergency.

### CEREMONIAL

- When hung over a sidewalk on a rope extending from a building, the stars are always away from the building.
- When the flag is hung over a street running east to west, the stars are always toward the north. When the flag is hung over a street running north to south, the stars are always toward the east.
- When a group of flags is being displayed, the U.S. flag should be at the center and at the highest point. The only exception is when the flag of another nation is being flown-national flags should be of the same size and fly at the same height.
- When covering a casket, the stars should be at the head and over the left shoulder. The flag should never touch the ground or be lowered into the grave.

### INSIDE

- When on a speaker's podium, the flag should be either above and behind the speaker, or to the speaker's right as he faces the audience.
- When displayed either horizontally or vertically against a wall, the union (blue field) should be uppermost and to the flag's right, that is, the observer's left.
- In a window, or suspended above a corridor, the flag should hang with the union on the viewer's left.

### GOVERNMENT

- The flag should be flown daily at the main administration building of public institutions.

- Polling places should display a flag on election days.
- School buildings should display a flag when school is in session.
- Flags should fly at half-staff on the deaths of certain government officials.
- When the flag is displayed against a wall with another flag from crossed staffs, the U.S. flag should be on the right (facing the audience) and its staff should be on top of the other flag's.

### PARADES

- When the flag is carried in procession with other flags, it should be either on the right of the line of flags, or in front of the center of the line.
- On floats, the flag should be displayed on a staff.
- The flag should not be draped over a car, train, or boat. When displayed with a car, the flag's staff should be attached to the right fender, or the chassis.
- The flag should be held upright and should not be dipped to any person or thing. Regimental, state, or organizational flags may be dipped.

### DECORATIVE

- The flag should never be used as clothing, bedding, or drapery. Red, white, and blue bunting may be used as decoration instead, with the blue on top, white in the middle, and red below.
- The flag should never be part of a uniform, but a flag patch or lapel pin can be part of a police or other uniform.
- The flag should not be used to cover a statue or monument.
- The flag should not be used to cover a ceiling.
- Advertising banners should not be hung from the same staff as a flag.
- The flag should not appear on napkins, boxes, or other disposable items, nor should it be embroidered on cushions, handkerchiefs, or similar objects.

### FLAG MAINTENANCE

- The flag should never be carried flat or horizontally, but always aloft and free.
- Care should be taken not to let the flag get torn, dirty, or damaged.
- The flag should never have placed upon it, nor attached to it, any mark, insignia, letter, word, figure, design, picture, or drawing.

### WHEN TO FLY THE FLAG

The flag can be displayed on all days, but in particular it should be flown on:

- New Year's Day, January 1
- Inauguration Day, January 20
- Martin Luther King Jr.'s Birthday, third Monday in January
- Lincoln's Birthday, February 12
- Washington's Birthday, third Monday in February
- Easter Sunday (variable)
- Mother's Day, second Sunday in May
- Armed Forces Day, third Saturday in May
- Memorial Day (half-staff until noon\*), the last Monday in May
- Flag Day, June 14
- Independence Day, July 4
- Labor Day, first Monday in September
- Constitution Day, September 17
- Columbus Day, second Monday in October
- Navy Day, October 27
- Veterans Day, November 11
- Thanksgiving Day, fourth Thursday in November
- Christmas Day, December 25
- Other days as may be proclaimed by the President of the United States
- The birthdays of States (date of admission)
- State holidays





# LA SOTTO VOCE

The Official Newsletter of the Columbia Association

Fire Department, City of New York  
14 Ivanhoe Drive  
Merrick, NY 11566

PRESORTED STD.  
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BETHPAGE, NY

**LA SOTTO VOCE**  
The Newsletter of the FDNY  
Columbia Association  
La Sotto Voce is published  
four times annually.

### What does the word DUES mean above your name on your address label mean?

We are updating our Membership program. One of our new features includes a Membership history located directly above your name on your address label. Please check the label. The numbers above your name indicate that we have not received your dues for that particular year. With any new system there are glitches. If your records vary with ours, please give us a call at (516) 303-4209. Our Financial Secretary Steve Forlenza will return your call.

*Below indicates 2006 and 2008 dues have not been received.*

*SAMPLE*  
**DUES: 06 08**  
Columbia Association  
14 Ivanhoe Dr  
Merrick, NY 11566

If you only see the word DUES above your name, this means you are up-to-date and no action is needed. We apologize for any confusion.

## Columbia Association: Executive Board & Committee Members

### Executive Board:

President	Keith Tanico	Division 13
1st Vice President	Craig Silvino	Ladder 127
2nd Vice President	Joseph Smithwick	Engine 303
3rd Vice President	John Signorile	Retired
Financial Secretary	Steve Forelenza	Division 8
Treasurer	Ted Forienza	Ladder 83
Recording Secretary	Sal Belmonte	Division 11
Staten Island Trustee	Ignazio Venezia	Engine 282
Bronx Trustee	Joseph DePaola	Ladder 27
Queens Trustee	Salvatore Mirra	Ladder 138
Manhattan Trustee	Joseph Triolo	Ladder 6
Brooklyn Trustee	Phil LaRocco	Ladder 148
Sergeant-at-Arms	Steve Lubrino	Ladder 162
EMS Trustee	Grace Cacciola	EMS Battalion 46
Legal Advisor	Stuart Salles, Esq.	
Spiritual Advisor	Msgr. Marc Filacchione	Archdiocese of NY

### Committee Chairs:

Trips	Keith Tanico/Joe Smithwick
Membership	Joseph Smithwick
Dues	Steve Forlenza
Lottery	Sal Mirra
Parade	Joe Triolo
Good & Welfare	John Signorile
Scholarship/Dinner Dance	Craig Silvino
Hershey Park Trip	Sal Belmonte
Dinner Journal	Grace Cacciola
Editor	Craig Silvino

❖ Visit our website: [www.fdnycolumbia.com](http://www.fdnycolumbia.com)

❖ E-mail the Columbia Association: [keith@fdnycolumbia.com](mailto:keith@fdnycolumbia.com)

❖ Columbia Association Hotline: (516) 303-4209

## 2010 Columbia Association Borough Meetings

Brooklyn  
Sept 14, 2010 & Feb 9, 2010  
VFW Post, 2414 Geritsen Ave.

Queens  
Oct 12, 2010 & March 9, 2010  
VFW Post 19-12 149th St  
(between 19th & 20th Ave)  
Whitestone NY 11357  
(718) 746-0540

Staten Island  
April 13, 2010 & Nov 9, 2010  
Hillside Swim Club  
151 Signs Rd.

Bronx  
June 8, 2010 & Jan 12, 2010  
Guiding Star Council Hall  
3243 Ampere Ave.

Long Island  
May 11, 2010  
American Legion  
250 Franklin Ave  
Malverne LI

2010 Christmas Party  
To Be Announced

